

# Sorting is pretty easy

Almost everything around you can be recycled. It's just a matter of putting it in the right place. Drop off your sorted material in the designated container at your property, at our mobile recycling centre or at the fixed recycling centers. Here are some examples of what to leave where.

- Raw and cooked leftovers
- Grounds, filter from coffee and tea
- Rind and bones from meat, fish, poultry and seafood
- Peel, skin from fruit and vegetables

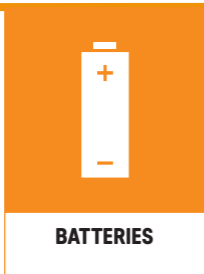


Sort in the brown paper bag and leave in the wessel for food waste in your garbage room.

REMEMBER! No plastic in the food waste.

*This bag cost 1 kr/kg to recycle*

- Alkaline batteries
- Lithium batteries



Leave in a battery holder. They are usually found at grocery stores and recycling stations or in your garbage room.

Batteries weighing more than three kilos should be taken to a recycling center.

- Strollers
- Small furniture
- Toys



Recycle more! Sell them, take them to a second-hand shop or recycle them at the nearest recycling center or in designated place in your garbage room.

- Glass (coloured, uncoloured)
- Plastic and Styrofoam
- Cardboard
- Metal
- Newspapers



Sort in designated wessels in your garbage room or designated recycling stations. TIP! Empty packaging and flatten it to save space.

- Acetone
- Paints and chemicals
- Light sources
- Nail polish
- Spray bottles (not empty)
- Plant protection products
- Gas cylinders



Putting hazardous waste in the regular garbage is prohibited by law. Take it to your nearest recycling centre or our mobile recycling center.

- Fabrics and textiles
- Clothing
- Shoes



Recycle more! Sell them, take them to a second-hand shop or recycle them at the nearest recycling center or our mobile recycling center, or in the collection bins at some recycling stations.

- Old or unused medicines
- Inhalers and nasal sprays with content.



Return them to a pharmacy.

Of course, the best thing is not to pick up more medicine than you need.

- Battery powered stuff
- Bulbs and light sources
- Mobile phones
- Televisions



Sort it in designated wessel in your garbage room. Or to the mobile recycling center. You can also take your electrical waste to any shop that sells electronics.

In the bag for residual waste, you sort things that cannot be recycled anywhere else. For example:

- Diapers
- Cigarette butts and snuff
- Envelopes



Leave the bag in the residual waste bin in your garbage room. If you sort correctly, it will take a while before the bag is full.

GOOD JOB!

*This bag costs 4 kr/kg to recycle*

- Ceramics
- Plaster boards and insulation
- Sanitation (toilets, sinks)



Construction waste is leftovers from renovation or remodeling. Sorted construction waste is handed over to a recycling center.

*TIP! With our funnel you can collect fat and oil from cooking instead of pouring it down the drain.*



You use the funnel on a PET bottle or milk carton. When it's full you bring the bottle to the recycling center or the mobile recycling center.

You can pick up the funnel from us at Knista gårds väg 12.

*Not sure how to sort things?*

**SORTING GUIDE**  
SÖRAB:



**TIMETABLE**  
MOBILE RECYCLING CENTER:



WWW.SEOM.SE/AVFALL-OCH-ATERVINNING

**seom**  
SOLLENTUNA ENERGI & MILJÖ